

FAMILY STUDIES PROGRAM

SHASTA COLLEGE



Family Studies Mission

We are committed to providing our students with a solid understanding of the diverse needs and the unique potential of the core unit of our society—**the family**. Whatever its makeup, the family is the resounding springboard for all other human interaction. We recognize this impact on each person, and the reciprocal impact of physical, social, cultural and economic influences.

Within this framework, we offer our students comprehensive academic principles and applied skills so that they can function effectively in both their personal and professional lives—and, in turn impact others to do the same.



Program Purpose

- To provide a high quality A.S. Degree Program that prepares students with foundational skills and concepts to enter the Human Services field at the paraprofessional level.
- To provide transfer students in Social Work with an “insight” into the profession by offering “practical application” courses and field experience in the lower division phase of their college career.



Program Requirements



- 44 units required for the A.S. Degree in Family Studies
- 9 units- General Education
- 7 units- Electives
- Students planning to transfer to a Social Work Baccalaureate Program should consider utilizing available General Education and elective units to complete the specific lower division requirements of the transfer school of their choice.

Recommended Course Sequence

First Semester

FSS 16 Marriage & Family
FSS 60 Life Management
CMST 10 Interpersonal
Communication
SOC 1 Introduction to Sociology

Second Semester

ECE 1 Human Development
ECE 2 Child, Family &
Community
FSS 10 Introduction to Human
Services
PSYC 1A General Psychology

Third Semester

SOC 70 Social Welfare
PSYC 41 Cultural/Social Context of Childhood
FSS 25 Nutrition or BIO 5 Human Biology
FSS 12 Standards & Practices in Human
Services

Fourth Semester

FSS 18 Adulthood & Aging
FSS 46 Personal Finance or
Econ 1A *or* Econ 1B
FSS 94 Worksite Learning
FSS 95 Worksite Integration



Work-Site Learning Opportunities

Component offers students guided and practical experience in the field at such sites as:

- Family Support Agencies
- Children's Service Agencies
- Senior Programs
- Recovery Programs
- Mental and Public Health Programs



Student Club Participation

Active Student Club provides:

- Cohort support/mentoring
- Networking opportunities
- Leadership skills
- “Behind the Scenes” insight from selected guest speakers /agency tours
- Advocacy/service opportunities



See FSS Club Video on YouTube at:

http://www.youtube.com/watch?v=fHT_Yt_TZsQ

Advisory Board



Active Advisory Board provides:

- Volunteer Opportunities
- Internship Sites
- Community Contacts
- Curriculum Guidance

See FSS Advisory Board on YouTube at:

<http://www.youtube.com/watch?v=61Y2fljvyxk>